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Lt. Governor Kim Guadagno tours Center for Network Therapy

May 20, 2016

The visit comes as the state deals with a heroin and drug overdose crisis, with Governor Chris Christie pledging \$100 million to help fix New Jersey's mental health and substance abuse challenges.



MIDDLESEX – The Center for Network Therapy (CNT), the first state licensed ambulatory detox facility for all substances of abuse, welcomed on Monday the Lieutenant Governor of New Jersey Kim Guadagno for a tour of their outpatient detox treatment facility

The visit comes as the state deals with a heroin and drug overdose crisis, with Governor Chris Christie pledging \$100 million to help fix New Jersey’s mental health and substance abuse challenges.

CNT’s Medical Director and leading addiction expert Dr. Indra Cidambi spoke with Guadagno about her work dealing with patients struggling with addiction. They agreed that the drug epidemic is at crisis levels in the Garden State and innovative solutions are needed to address the issue effectively.

“Addiction is a disease that should be treated as just that. As a former sheriff, I’ve seen that a system of punishment without treatment is a revolving door that feeds addiction and is totally unacceptable,” said Guadagno. “This new facility is a symbol of hope for families and friends that a loved one’s life can, and will, be saved.”

“We are honored to have the Lt. Governor visit the Center for Network Therapy. It is a testament to the efficacy of the outpatient detox model, the dedication of our staff and the motivation of our patients to break the cycle of addiction and achieve sobriety. Our clinical staff put their heart and soul to changing the dynamics facing our patients and the efficacy of our program speaks to that,” said Cidambi.

“We have to focus on accessibility and helping individuals dealing with substance use disorders get the help they need quickly. CNT’s outpatient detoxification model is unique in that we bring the family into treatment and help resolve issues our patients face in their home environment. We are truly grateful to Lt. Governor Guadagno for providing us with an opportunity to share the factors that drive our success.”

The Center for Network Therapy’s outpatient treatment model uses the same proven protocols and medications used in an inpatient setting, but customizes medication protocols to fit individual needs. Patients can not only return to the comfort of their own home each night, they are also able to practice the skills they learned at CNT and come back the next day and discuss what worked and what they struggled with.

CNT provides Wi-Fi access and allows patients to keep their cell phones, which helps minimize the disruption to a patient’s daily life, as they can stay in touch with family, friends and colleagues.

For more information on substance abuse dependency, addiction and treatment, please go to www.RecoveryCNT.com.

About Dr. Indra Cidambi

Indra Cidambi, M.D., Medical Director, Center for Network Therapy, is recognized as a leading expert and pioneer in the field of Addiction Medicine. Under her leadership the Center for Network Therapy started New Jersey's first state licensed Ambulatory (Outpatient) Detoxification program for all substances nearly three years ago. Dr. Cidambi is Board Certified in General Psychiatry and double Board Certified in Addiction Medicine (ABAM, ABPN). She is fluent in five languages, including Russian.

About Center for Network Therapy

Center for Network Therapy (CNT) was the first facility in New Jersey to be licensed to provide Ambulatory (Outpatient) Detoxification Services for all substances of abuse – alcohol, anesthetics, benzodiazepines, opiates and other substances of abuse. Led by a Board Certified Addiction Psychiatrist, Indra Cidambi, M.D., experienced physicians and nurses closely monitor each patient's progress. With CNT's superior client care and high quality treatment, Dr. Cidambi and her clinical team have successfully detoxed over 600 patients in nearly three years. CNT also provides Intensive Outpatient and outpatient levels of care and does buprenorphine maintenance and Vivitrol.

Visit RecoveryCNT.com for more details on CNT.